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Wednesday 16th September 2020

Dear Parents and Carers,

Following along from the first letter announcing Year 6's residential trip to PGL's Caythorpe Court, here are some general questions and answers that give some more information due to not be able to hold a parent/teacher meeting.

Q: What does the PGL site look like and are the accommodation and activities in the same place?

A: Everything is on the same site and under no circumstances will children need to leave the site throughout our stay unless for a serious emergency. Please have a look on the link to explore what the site looks like:

<https://www.pgl.co.uk/Files/Templates/Designs/PGLCore/res/swf/virtual-tour/caythorpe/tour.html>

Q: What will an initial itinerary look like during the stay at PGL?

A: Activities are still to be agreed and confirmed with Miss Redden but an example of what our days will look like are shown below. Children will be put into activity groups based on Miss Redden's decision.

	Day 1	Day 2	Day 3
7:00-9:00		Breakfast	
9:00-10:30		High Ropes Course	Raft Building - Session 1
10:30-12:00	Depart from School	Orienteering	Raft Building - Session 2
	Lunch		
14:00-15:30	Arrive and Unpack	Abseiling	Depart for home
15:30 - 17:00	Zip Wire	Jacob's Ladder	
	Dinner		
Evening	Quiz	Ambush	

Q: What is the required kit to bring?

A: More information about this will be given in another letter closer to the time of our residential trip.

Q: Why is the price so much more compared to what it was for 5 days earlier on this year (from our previous Year 6 group)?

A: At the moment, the cost of £350 is only an approximate and will not exceed this amount. Once final arrangements to cover staff at school have been made, a final cost will be given to parents. PGL have also explained that because we are visiting during June 2021, this sits within their peak season. With the majority of schools looking to take their year six children for post-SATs trips, their centres are at their busiest and most heavily staffed. This increase in cost reflects this highly sought-after time of year.

Q: With the current situations and if anything was to arise with another lockdown etc, is the cost and deposit fully refundable? Can you reassure me what would happen in the worse situation of having to cancel?

A: PGL themselves are currently working towards a formal Covid-19 guarantee. They are hoping that once this is signed off by their board, should an appropriate move be impossible, they will be able to offer a money back guarantee, should any trips be affected by covid-19. At the moment, this is just conjecture at this stage, but they are hoping this will become policy in the next coming days. They will get in touch with school once this has been published and more information to parents will be passed on.

Q: How can I ensure my child is safe due to the current situations and in line with Government guidelines?

PGL will ensure all guidelines are met and regular hand washing will be encouraged. Around the site are several hand washing and hand gel stations. All tables and chairs in the dining hall will be regularly cleaned after being used.

Q: What accommodation will my child be staying in and how will I know they are safe?

A: Year 6 will be staying in an accommodation block which will be allocated to just our school a few weeks before our stay. Children will be allocated groups and will share a bedroom which will have bunk beds and an en-suite only for their group. Once children are in the accommodation blocks, they will not be able to leave. Only teachers from our school will have a 6-digit code to enter or leave the block. Therefore, no one else can access or enter the blocks.



Q: Will my child be allowed to take any money?

A: More information about this will be given in another letter closer to the time of our residential trip.



the dining room



Q: What food will be available for my child during their stay?

A: PGL offer a range of different and nutritious hot food to suit all appetites. There is unlimited access to the salad bar and bread basket and children can help themselves to fruit. Their buffet style dining room means that children can 'mix and match' the items they love most. A vegetarian alternative can always be provided and they accommodate most special dietary requirements. Water, squash, tea and coffee are available with all meals and children are encouraged to refill their water bottles for regular use throughout the day. Please find an example of a weekly menu provided at PGL's Caythorpe Court.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Breakfast Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Breakfast Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Breakfast Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Breakfast Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Breakfast Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Breakfast Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas
Lunch Homemade Soup of the Day Choice of Homemade Breads Pizza with a Choice of Meat or Vegetarian Toppings Sauté Potatoes Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Lunch Homemade Soup of the Day Choice of Homemade Breads Jacket Potato Bar Choice of Meat & Vegetarian Fillings Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Lunch Homemade Soup of the Day Choice of Homemade Breads Spaghetti in Tomato Sauce Seasonal Fresh Fruit Hot & Cold Drinks	Lunch Homemade Soup of the Day Choice of Breads Pasta Bar Choice of Meat & Vegetarian Dishes Garlic Bread Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Lunch Homemade Soup of the Day Choice of Breads Build a Burger Meat or Falefel & Spinach Burger with a Choice of Relishes Chips & Peas Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Lunch Homemade Soup of the Day Choice of Breads Baguette or Pita Bread with Ham & Cheese or Pulled Pork with Vegetables & Red Cabbage Slaw Greek-style Cheese & Vegetables Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Lunch Homemade Soup of the Day Choice of Breads Hot Dog Cheese & Tomato Omelette Nachos with Salsa or Chips Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
Dinner Homemade Soup of the Day Oven Baked Fish Fillets Sweet & Sour Pork & Vegetables (V) Fresh & Sun-dried Tomato, Basil & Mozzarella Pasta & Garlic Bread Chips or Rice Peas, Carrots & Baked Beans Seasonal Fresh Fruit & Salad Bar Apple & Cinnamon Crumble with Toffee Cheesecake Hot & Cold Drinks	Dinner Homemade Soup of the Day Pork Loins seared with Apple Sauce Chicken Tikka with Poppadom & Mango Chutney (V) Creamy Vegetable Kieft Roast New Potatoes or Rice Green Beans & Cauliflower au Gratin Seasonal Fresh Fruit & Salad Bar Chocolate Crispy Cake Hot & Cold Drinks	Dinner Homemade Soup of the Day Turkey Escalope Moroccan-Style Minced Lamb & Vegetables (V) Oven Baked Vegetable Nuggets Minted Couscous or Potato Wedges Sweetcorn Coblets & Carrots Seasonal Fresh Fruit & Salad Bar Ice Cream Hot & Cold Drinks	Dinner Homemade Soup of the Day Battered Fish Fillet with Lemon & Tartare Sauce Slow-Cooked Balsamic Beef & Mushrooms (V) Ricotta & Spinach Cannelloni Chips or Rice Mushy Peas & Broccoli Seasonal Fresh Fruit & Salad Bar Lemon Drizzle Cake Hot & Cold Drinks	Dinner Homemade Soup of the Day Chicken Chunks with Sweet & Sour Chunky Vegetable Sauce Beef Lasagne (V) Indian Sweet Potato Dahl Pie Herby Diced Potatoes or Rice Summer Vegetable Medley Seasonal Fresh Fruit & Salad Bar Doughnuts Hot & Cold Drinks	Dinner Homemade Soup of the Day Roast Turkey with Cranberry Sauce & Gravy Stir-Fry Pork with Vegetables, Ginger & Spring Onion (V) Macaroni Cheese with Garlic Bread Thyme Roast Potatoes Braised Cabbage & Carrots Seasonal Fresh Fruit & Salad Bar Arctic Roll Hot & Cold Drinks	Dinner Homemade Soup of the Day Homemade Soup of the Day Hot & Cold Drinks

For more information about your child's trip to PGL's Caythorpe Court please visit:

https://www.pgl.co.uk/en-gb/school-trips/primary-schools/centres/caythorpe-court?utm_source=gmb&utm_medium=organic&utm_content=gmbcaythorpecourt

If you have any more questions for Miss Redden about the residential trip, please email the school office and Miss Redden will get back to you.

Kind Regards,
Miss Redden